

Name _____

Class _____

Date _____

1 Choose the correct words.

- 0 Adam came *out / to* quickly after the operation.
- 1 I don't have a good story to share. I'll have to make one *out / up*.
- 2 James is moving *away / from* next month.
- 3 It was really cold this morning, so I put *on / down* a hat and scarf before I left the house.
- 4 Lucy is old enough to take care *for / of* herself.
- 5 You look so sad. What can I do to cheer you *out / up*?
- 6 I can't figure *out / in* why I lost the race.
- 7 I think I've run *to / into* a problem. Can you help me?

2 Complete the sentences with the correct forms of the phrasal verbs in the list.

put on | figure out | cheer up | come to | move away | run into | make up | take care of

- 0 I ran into Mary in town the other day. It was really nice to see her.
- 1 Thanks for coming to the movies with me. That has really _____ me _____. I feel much happier now.
- 2 Luckily, John _____ quickly after his accident.
- 3 I wasn't prepared to give a speech, so I had to _____ one _____ on the spot.
- 4 I'm really sad that Tim is _____. I'm going to miss him.
- 5 I agreed to _____ my baby cousin for the afternoon.
- 6 Could you help me _____ my makeup? I'm not very good at it.
- 7 Dave couldn't _____ the answer to the Sudoku puzzle, so he asked his sister for help.

3 Put the letters in order to complete the words and phrases for nervousness and fear.

- 0 nasihkg shaking
- 1 beetrml _____
- 2 barteeh dahr _____
- 3 umtoh egst rdy _____
- 4 iwetnsag _____
- 5 ckdiapne _____
- 6 itnibg my ilsan _____
- 7 ieditrrfe _____

4 Complete the sentences with the words in Exercise 3.

- 0 I was terrified when I saw the lion come into the room.
- 1 I was so nervous that my _____ got _____.
- 2 Danny! Stop _____ your _____. You'll have no fingers left.
- 3 I was _____ after a run through the park.
- 4 When he saw the robber, he _____ and jumped out of the window!
- 5 When you _____ hard it can be a sign of nervousness.
- 6 Did your whole body _____ when you saw the ghost in the movie?
- 7 I was very nervous, and my hands were _____ before my exams.

5 Complete the text with words for nervousness and fear in the correct form.

I was ⁰terrified when I walked into the abandoned house. It was a hot day, and I was ¹_____. I couldn't see anything because it was dark inside. I started to ²_____ hard and even ³_____ a little. Normally, I am not a nervous person, though I do bite my ⁴_____. All of a sudden something called out my name, and I ⁵_____ and ran towards the door. Then the lights went on, and I was ⁶_____ with fear. "Surprise, surprise," I heard. All my friends were there and laughing at me. I don't like surprises!

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Answer Key

1

- 1 up
- 2 away
- 3 on
- 4 of
- 5 up
- 6 out
- 7 into

2

- 1 cheered, up
- 2 came to
- 3 make, up
- 4 moving away
- 5 take care of
- 6 put on
- 7 figure out

3

- 1 tremble
- 2 breathe hard
- 3 mouth gets dry
- 4 sweating
- 5 panicked
- 6 biting my nails
- 7 terrified

4

- 1 mouth, dry
- 2 biting, nails
- 3 sweating
- 4 panicked
- 5 breathe
- 6 tremble
- 7 shaking

5

- 1 sweating
- 2 breathe
- 3 tremble/shake
- 4 nails
- 5 panicked
- 6 shaking/trembling